

OCTOBER 2021

Swallow School

+	Monday	Tuesday	Wednesday	Thursday	Friday
A			A		French Toast Sticks Southwest Veggie Burger Hashbrowns Cinnamon Appliesauce Corn
	Bosco Stick Breakfast Sandwich Taco Salad Sides TBD	Baked Chicken Legs Hamburger/Cheeseburger Veggie Wrap Potatoes & Gravy Green Beans	Vegetable Lasagna Chicken Patty Hot Ham & Cheese Sandwich Breadstick Broccoli Ice Cream	Cheese or Pepperoni Pizza Hamburger/Cheeseburger Au Gratin Carrots Spinach Salad	Hot Dog Yogurt Pak Scalloped Potatoes Baked Beans Cookie
	Pizza Burger Breakfast Sandwich Taco Salad Potatoes Ole Cauliflower	Grilled Cheese Hamburger/Cheeseburger Veggie Wrap Tomato Soup Tator Tots Dessert	Lasagna Rolls Chicken Patty Hot Ham & Cheese Sandwich Butternut Squash Corn Niblets	Cheese or Sausage Pizza Hamburger/Cheeseburger Rotini Zucchini	EARLY RELEASE NO LUNCH SERVICE
	Chicken Nuggets Breakfast Sandwich Taco Salad French Fries Carrot Coins	Beef & Cheese Nachos Hamburger/Cheeseburger Veggie Wrap Mexican Rice Refried Beans	Baked Ziti Vegetarian Chicken Patty Hot Ham & Cheese Sandwich Garlic Toast Peas Cookie	Cheese or Pepperoni Pizza Hamburger/Cheeseburger Green Beans Tossed Salad	Loaded Baked Potato with Ham & Cheese Yogurt Pak Broccoli Dessert
	Pancakes & Sausage Breakfast Sandwich Taco Salad Tri Tators Cinnamon Apples	Turkey Meatballs in Asian Sauce Hamburger/Cheeseburger Veggie Wrap Rice Peas & Carrots	Macaroni & Cheese Chicken Patty Hot Ham & Cheese Sandwich Sweet Potatoes Green Beans	NO SCHOOL	NO SCHOOL

Menu subject to change due to supply shortages



